



where kids learn tennis... and have a ball!

## **Little Racquets™ Program Offered As NEW Absorbent Minds Montessori School Enrichment Program!**

Do you want your child to learn a sport for a lifetime in The Absorbent Minds enrichment program? Why not gather them together with their friends and sign up for the Little Racquets tennis program. Little Racquets ([www.littleracquets.com](http://www.littleracquets.com)) is a portable tennis program for children (ages 4-6) in daycare centers and preschools, created by Lynn Buchinsky, a United States Professional Tennis Association member (USPTA). Children learn basic tennis, motor and social skills that lead to playing games on "short" courts with miniature nets, foam balls, tail balls (ribbon attached to ball) and junior size racquets. Little Racquets emphasizes FUN 😊 rather than competition through engaging the children in energizing activities such as: imaginative obstacle courses, agility ladder relay races, hitting stationary tennis cartoon targets, playing tennis baseball and mastering ABC forehand.

Ages: 4-6 year olds (Child must turn 4 before January 1<sup>st</sup>, 2010)

Location: Absorbent Minds Montessori School

Limits: 12 per class

Dates: September 14, 21, 28, October 5, 12, 19

Time: 1:00 – 1:30 and 1:30 – 2:00 pm

Fee: \$100/6 week session (includes a t-shirt)

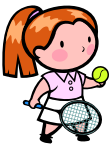
Instructor: Lynn Buchinsky, USPTA, MA, MBA

# Absorbent Minds Montessori School is proud to offer:



where kids learn tennis... and have a ball!

Created by a United States Tennis Professional, Little Racquets offers tennis instruction, games and social activities for kid's ages 4-6 in a FUN and safe environment. From taking aim at cartoon targets to mastering ABC forehand, Little Racquets is where kids learn tennis...and have a ball!



**Fall session, Mondays**

September 14 – October 19 (6 weeks)



**Class times: 1:00 – 1:30; 1:30 – 2:00 pm**

Class Fee: \$100.00 for 6 sessions

Includes a t-shirt

Little Racquets teaches basic warm-up, motor and racquet skills by engaging kids in stimulating "drills and games":

- Imaginative obstacle courses
- Stationary cone forehand/backhand exercises
- "High five" volleys
- "Short court" rallies
- Relay races

**How to sign up:** To register your child, please complete the attached registration form and drop it to Brandy, along with a check payable to Little Racquets by Sept. 9<sup>th</sup>, 2009. Please contact Lynn Buchinsky, USPTA Little Racquets Director @ [info@littleracquets.com](mailto:info@littleracquets.com) with further questions.

Child's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Parent's Name \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

Parent's e-mail \_\_\_\_\_

This child may be photographed for Little Racquets promotional use. Yes \_\_\_\_\_ No \_\_\_\_\_

**WAIVER:** As the parent or legal guardian of the child named above, I understand that my child's participation in the Little Racquets tennis program may expose him/her to risk of personal injury. I assume all risks associated with my child's participation in the tennis program. I give my child permission to participate in the tennis program. I, for myself, my children, spouse, and other representatives waive, release and fully discharge Little Racquets, LLC, its successors, employees, owners and instructors from any and all claims, causes of action and damages, of whatever kind or nature, arising out of or in connection with my child's participation in the tennis program. I also agree to indemnify and hold harmless Little Racquets, LLC, its successors, employees, owners and instructors for any of the claims, suits or liabilities that I have waived, released or discharged in this Waiver. I give Little Racquets, LLC permission to render first aid to my child in case of an emergency. I HAVE CAREFULLY READ THIS WAIVER, FULLY UNDERSTAND ITS CONTENTS AND SIGN IT FREELY. Little Racquets reserves the right to remove a child based on inappropriate behavior.

Parent/Legal Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_